



# Shout Out To My EX

**Count:** 32      **Wall:** 2      **Level:** Beginner

**Choreographer:** Ray Hodson October 2016

**Music:** " Shout Out To My EX " by Little Mix

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Start 32C from beat, 17 Seconds

## **S1: CROSS ROCK SIDE, UP DOWN AND WEAVE**

1,2,3    Cross Right Over Left, Recover, Right to Side  
& 4,    Lifting both heels (&), Both heels down (4)  
5,6,7,8    Cross L, Side Right, Behind Left, Side Right

## **S2: CROSS ROCK SIDE, UP DOWN, ROCK RECOVER, BACK LOCK BACK**

1,2,3    Cross Left Over Right, Recover, Left to Side  
& 4,    Lifting both heels (&), Both heels down (4)  
5,6    Rock Right Forward, Recover on Left  
7&8    Step Back Right, Lock Left in Front of Right, Step Back Right

## **S3: BACK ROCK, QUARTER SHUFFLE, BEHIND SIDE, STEP PIVOT 1/2**

1, 2    Rock Back Left, Recover on Right  
3&4    ¼ Shuffle Right stepping Left, Right, Left  
5,6    Step Right Behind Left, Step Left to Side  
7,8    Step Right Forward, Pivot 1/2 Left

## **S4: WALK, WALK, KICK BALL STEP, STEP ¼ CROSS SIDE**

1,2    Step R Forward, Step L Forward  
3&4    (Kick ball Step) Kick Right Forward, Step next to Left, Step Left Forward  
**5,6**    Step R Forward, Pivot ¼ Left,  
7,8    Cross Right over Left, Step L to Side,

**Tags/ Restarts: NONE**

**I hope you enjoy Ray**

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