



# The Shape of You

**Count:** 32      **Wall:** 4      **Level:** Intermediate  
**Choreographer:** Trevor Thornton (Florida, USA) Branden Swift (January 2017)  
**Music:** Shape of You by Ed Sheeran, iTunes

## Count In: 16 ct Intro

### [1 – 8] R MAMBO FWD, L MAMBO BACK, ½ CHASE TURN L, ¼ PADDLE TURN X3

1 & 2      Rock fwd on R (1), recover weight to L (&), rock back on R taking weight (2)      12  
3 & 4      Rock back on L (3), recover weight fwd to R (&), rock fwd on L taking weight (4)      12  
5 & 6      Step fwd on R (5), ½ turn L (&), step fwd on R (6)      6  
7 & 8 &      ¼ turn R while touching L to L (7) ¼ turn R (&) touch L to L (8) ¼ turn to R (&)      3

### [9 – 16] STEP L, WEAVE L, ¼ TURN L SWEEP WITH R, CROSS, BACK X2, CROSS, ROCK BACK, ROCK FWD

1      Step L to L (1)      3  
2 & 3      Step R behind L (2), step L to L (&), cross R over L (4)      3  
4 - 5 & 6      Make ¼ L stepping on L as you sweep R over L (4), cross R over L (5), step back on L (&), step back on R (6)      12  
& 7 - 8      Cross L over R (&), rock back on R (7), recover weight fwd to L (8)      12

### [17 – 25] ROCK BACK, SLIDE FWD MAKING ¼ R, DRAG R MAKING ½ TURN R, TRIPLE FWD, MAMBO W/ ½ TURN L, ¾ TURN L, CROSSING SHUFFLE

& 1      Rock back on R (&), slide fwd on L \*(1)      12 / 3  
2      Drag R into L as you're turning ½ R w/ touch (2)      9  
3 & 4      Step fwd on R (3), step together w/ L (&), step fwd on R\*(4)      9  
5 & 6      Rock fwd on L (5), recover weight back onto R (&), ½ L stepping fwd on L (6)      3  
7 & 8 & 1      Make ½ turn L stepping back on R (7), ¼ turn L stepping L to L (&), cross R over L (8), step L to L (&), cross R over L (1)      6

**\*Styling**      **Ct 1: Begin making a slight turn to the R here**  
**Cts 3&4: Roll your body into the triple step.**

### [26 – 32] ¼ TURN L, HITCH L, R PONY STEP, BACK ON R, ½ TURN ROLL OVER L (ARMS)

2 - 3      Make ¼ to L step L fwd (2), hitch L up taking weight back on R \*(3)      3  
4 & 5      Step back on L, hitching R up (4), step down on R (&), step back on L as you hitch R up again (5)      3  
6 - 8      Step back on R (6), point L toe back (7), slow ½ L turning on L taking weight \*Arms (8)      9

**\*Styling**      **On 1st wall, you can throw your hands up on the hitch after he sings “throw your hands up” in the lyrics.**

**Ct 7-8: R arm moves like a wave as you slowly unwind or turn ½ to L.**