



7 Years Old

Count: 16 **Wall:** 4 **Level:** Beginner
Choreographer: Michael Desire Nieto (FR) Feb. 2016
Music: 7 Years by Lukas Graham (60 bpm)

Start after 16 counts intro

Section 1: BASIC NIGHT CLUB TWICE, SIDE ROCK BEHIND SIDE CROSS, SIDE ROCK CROSS

1.2 & : Step left to left side, rock right back behind left, recover onto left
3.4 & : Step right to right side, rock left behind right, recover onto right
5 & : Rock left to left side, recover onto right
6 & 7 : Cross left behind right, step right to right side, cross left over right
& 8 & : Rock right to right side, recover onto left, cross right over left (body facing 10.30)

Section 2: 1/4 TURN L, STEP LOCK STEP, ROCKING CHAIR, JAZZ BOX CROSS, SWAY SWAY

1 : 1/4 turn left stepping L forward (9.00)
2 & 3 : Step right forward, lock left behind right, step right forward
4 & 5 & : Rock left forward, recover onto right, rock left backward, recover onto right
6 & 7 & : Cross left over right, step right back, step left to left side, cross right over left
8 & : Step left to left side and sway, step right to right side and sway

Enjoy Life and Dance, no matter how old you are
Ray