



# COASTIN'

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**Count:** 40 **Wall:** 4 **Level:** Beginner / Intermediate  
**Choreographer:** Ray & Tina Yeoman  
**Music:** Lord Of The Dance by Ronan Hardiman

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## **WALK RIGHT, LEFT, KICK RIGHT, COASTER, KICK BALL CHANGE**

1-2 Step right forward, step left forward  
3-4 Kick right forward, step right back  
5&6 Step left back, step right together, step left forward  
7&8 Kick right forward, step right together, step left in place  
9-16 Repeat 1-8

## **IRISH HEEL/TOE TOUCHES (TWICE, RIGHT THEN LEFT)**

**Place hands on hips during next 16 counts (as per chorus line in "Lord of the Dance")**

17&18 Touch right heel forward, step right together, touch left toe together  
19&20 Touch left heel forward, step left together, touch right toe together  
21-24 Repeat 17-20

## **RIGHT FORWARD, SIDE, TRIPLE (RIGHT THEN LEFT)**

25-26 Touch right heel forward, touch right heel to side  
27&28 Triple in place right, left, right  
29-30 Touch left heel forward, touch left heel to side  
31&32 Triple in place left, right, left

## **RIGHT STEP TO RIGHT, SLIDE, TURN ¼ SHUFFLE, STEP, PIVOT, SHUFFLE (Remove hands from hips now)**

33-34 Step right to side, slide/step left together (clap)  
35&36 Shuffle side turning ¼ right and step right, left, right  
37-38 Step left forward, turn ½ right (weight to right)  
39&40 Shuffle forward left, right, left

## **REPEAT**

**The biggest problem with this dance is fitting the music! The recommended track increases tempo, somewhat erratically. Start the dance at time: 1:06:50**